

January 2010

Dear Asuris Member:

We appreciate that you have chosen Asuris Northwest Health for your Medicare Supplement plan, and welcome the opportunity to continue to provide you with quality health care coverage and customer service.

We recognize that you pay for your medical coverage out of your own pocket, and this impacts your monthly budget. That's why we need to let you know rates for your Medicare Supplement plan will increase on March 1, 2010. Our goal, as always, is to provide you with a high level of service while doing our best to manage costs.

Effective March 1, 2010, the new monthly rates will be:

Plan A - \$185.00

Plan C - \$224.00

Plan F - \$227.00

Plan J - \$206.00

This new rate will be reflected in your next regular billing. **If you have paid beyond March 1, 2010, the difference between the old and new rates will be included on our next billing.** If your payment is handled through automatic bank withdrawal, the new rate will be deducted from your account in February for your March coverage.

The increasing costs of health care are a challenge that we are all facing together. That's why we are committed to providing programs for our members that provide ways to help you stay healthy and manage your health care costs, including online tools and information.

For example, take a look at **myAsuris.com**, powered by the Asuris Engine.® On this secure, members-only Web site, you can see your claims history, search for providers, store your personal health records and learn about health conditions and prescription drugs. Access to this site comes with your Asuris membership.

In addition, many discounts are available to Asuris members through our Asuris Advantages program. Visit our Web site at **www.asuris.com/needcoverage/medicare** to discover savings on many services. These discounts are not insurance and are separate from your Medicare Supplement plan and may be discontinued without notice.

(continued)

NORC-3/2010
Asuris Standard Plans

Plan A -12351
Plan C - 12350
Plan F - 12352
Plan J - 12353

Should you have any questions or would like to learn about other coverage options, please contact your producer (agent), or call Customer Service at 1 (888) 344-5587. Our hours are Monday through Friday from 6:00 a.m. to 6:00 p.m.

Thank you for choosing Asuris Northwest Health – we're glad to have you as a member of the Asuris community.

Sincerely,

A handwritten signature in black ink that reads "Penny Garrett". The signature is written in a cursive, flowing style.

Penny Garrett
Director, Customer Service
Asuris Northwest Health