



FOR IMMEDIATE RELEASE – October 14, 2010

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## Asuris receives Golden Apple healthy worksite award

### *Recognition honors wellness culture, communications, analysis*

SEATTLE - Asuris was honored this month with Washington State's 2010 Healthy Worksite Summit Golden Apple Award.

Asuris's parent company, Regence BlueShield, was one of two organizations that received recognition for its worksite health promotion program for employees and their families. The Golden Apple Award is presented annually at the [Healthy Worksite Summit](#) to recognize outstanding worksite health promotion programs in the State of Washington.

"This is very exciting for us, because we've worked hard for seven years to create and refresh programs to engage employees in wellness for the long term," said Amy Walloch, manager of the company's wellness programs, who accepted the award. "We believe in being wellness ambassadors for our members and our communities."

Golden Apple Award winners must demonstrate:

- Program mission statement and goals
- Activity for at least two years
- Design and consideration for the results of an employee assessment, to ensure it meets the unique needs of the employee population.
- Management commitment to the program.
- An evaluation process to improve program effectiveness.
- Willingness to share program with other organizations.

The Healthy Worksite Summit (formerly known as the Evergreen Everwell Conference) is a collaborative effort by the Association of Washington Cities, the American Heart Association, the American Cancer Society and the University of Washington Health Promotion Research Center.

### **About Asuris Northwest Health**

Asuris Northwest Health offers a full range of health care coverage options, including dental coverage, for eastern Washington employers and individuals. We also offer Medicare supplemental plans and Medicare Part D prescription drug coverage to 60,000 members, and provide access to more than 20,000 health care providers. Asuris is committed to improving the health of our members and our communities, and to transforming our health care system. For more information, please visit [www.asuris.com](http://www.asuris.com) or [www.twitter.com/AsurisNWHealth](https://www.twitter.com/AsurisNWHealth). Asuris Northwest Health, a nonprofit health plan, is a subsidiary of Regence BlueShield, a leading health plan in Washington.